

BREAKTHROUGH WEEKEND RECOMMENDED READINGS

Books

- Albarn, Mitch, *Tuesdays with Morrie* (Doubleday 1997)
- Baggini, Julian, *What's It All About? Philosophy & the Meaning of Life* (Oxford University Press 2004)
- Barks, Coleman, *RUMI: Like This* (Maypop 1990)
- Bly, Robert, *A Little Book on the Human Shadow* (Harper & Row 1988)
Iron John, A Book About Men (Addison-Wesley 1990)
- Bolen, Jean Shimoda, *Gods in Everyman* (Harper & Row 1989)
Ring of Power: The Abandoned Child, The Authoritarian Father, and the Disempowered Feminine (Harper Collins 1993)
- Bradshaw, John, *Healing the Shame that Binds You* (Health Communications 1988)
- Bronson, Po, *Why Do I Love These People* (Random House 2005)
- Campbell, Joseph *Myths To Live By* (Penguin 1972)
Reflections on the Art of Living, A Joseph Campbell Companion Edited by Diane K. Osborn (Harper-Collins 1991)
- Coelho, Paulo, *The Alchemist* (Harper Collins 1993)
- Corneau, Guy, *Absent Fathers, Lost Sons* (Shambhala 1991)
- Csikszentmihalyi, Mihaly, *Flow* (Harper & Row 1990)
- Druck, Dr. Ken & Simmons, James C., *Secrets Men Keep* (Doubleday 1985)
- Hollis, James, *Finding Meaning in the Second Half of Life* (Gotham Books 2005)
- Johnson, Robert A., *Inner Work* (Harper & Row 1986)
Owning Your Own Shadow (Harper & Row 1991)
Understanding Masculine Psychology (Harper & Row 1989)
We, Understanding the Psychology of Romantic Love (Harper Collins 1983)
- Kabat-Zinn, Jon, *Wherever You Go There You Are: Mindfulness Meditation In Everyday Life* (Hyperion 1994)
- Keen, Sam, *Fire in the Belly: On Being a Man* (Bantam Books 1991)
- Kipnis, Aaron R., *Knights Without Armor* (Tarcher 1991)
- Kubler-Ross, Elisabeth, *On Death and Dying* (MacMillan 1969)
- Lee, John, *The Flying Boy* (Health Communications 1987)
- Liebman, Wayne, *Tending the Fire/The Ritual Men's Group* (Ally Press 1991)
- Mark, Robert & Portugal, Buddy, *Victories of the Heart* (Element 1996)
Mark, Robert, *Clearing the Path, Opening the Spiritual Frontier* (Robert Mark Publisher 2010)
- Martin, William, *The Sage's Tao Te Ching, A New Interpretation, Ancient Advice for the Second half of Life* (The Experiment LLC 2010)
- Meade, Michael, *Men and the Water of Life* (Harper 1993)

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Miller, Stuart, *Men & Friendship* (Tarcher 1991)
Moore, Robert & Gillette, Douglas, *King, Warrior, Magician, Lover* (Harper 1990)
Nerburn, Kent, *Letters to My Son* (New World Library 1994)
Nouwen, Henri J.M., *The Return of the Prodigal Son, A story of Homecoming* (Doubleday 1992)
Osherson, Samuel, *Finding Our Fathers* (Free Press, MacMillan 1986)
Wrestling with Love (Fawcett Columbine 1992)
Persig, Robert M., *Men and the Art of Motorcycle Maintenance, An Inquiry Into Values* (Bantam 1985)
DiSanto, Ronald L. and Steele, Thomas J., *Guidebook to Men and the Art of Motorcycle Maintenance* (William Morrow and Company, Inc. 1990)
Pittman, Frank, *Man Enough* (G.P. Putman's Sons 1993)
Raphael, Ray, *The Men from the Boys: Rights of Passage in Male America* (University Nebraska Press 1988)
Thompson, Keith, *To Be a Man* (Tarcher 1991)
Whitfield, Charles, *Healing the Child Within* (Health Commission 1989)
Yalom, Irvin D., *Staring at the Sun: Overcoming the Terror of Death* (Jossey-Bass 2009)
Zweig, Connie & Abrams, Jeremiah, eds., *Meeting the Shadow* (Tarcher 1991)
Zweig, Connie & Wolf, Steve, *Romancing the Shadow* (Ballantine 1997)

Audiotapes

Bly, Robert, *Into the Deep: Male Mysteries* (New Dimensions)
The Power of Shame (New Dimensions)
Bly, Robert & Hillman, James, *Wild Men* (Sounds True)
Meade, Michael, *The Mythology of Gender: Conflicts, Truces & Harmonies Between Men and Women* (Oral Tradition Archives)
Moore, Robert, *Rediscovering Masculine Potentials* (Jung Institute)

Videotape

A Gathering of Men with Robert Bly and Bill Moyers